



MOORE NORMAN
TECHNOLOGY CENTER

Course Syllabus

Cooking for One
CU320

Hours: In Class 3 Clinical 0 Total 3

Description

One can be fun, especially in the kitchen! Come learn how to modify recipes to accommodate a household of one.

Required Supplies/Materials

Apron, if desired.

Learning Objectives

By the end of this course, students will be able to:

1. repurpose ingredients for use in more than one meal.
2. combine ingredients.
3. follow provided recipe.

Teaching Philosophy

We believe that instructors, staff, and administrators have a shared responsibility to provide: 1) innovative course design and instruction; 2) a safe, learner-centered environment; and 3) an authentic learning experience.

Student Responsibilities

To ensure a quality and safe learning environment, students are required to follow the Post-Secondary Student Behavior policy #560. This policy can be found at www.mntc.edu/board-policies. Printed copies are available upon request.